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Could Light be an Emerging Technology in Obesity Management and Metabolic Support?

DATE
Monday, 9 November 2026

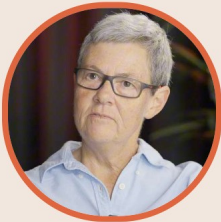
TIME
18:00 – 19:00 CAT

WHERE
Online – Live Webinar

ABOUT THE SESSION

4 billion

people — half the global population — projected to be living with overweight and obesity by 2035.



FEATURED SPEAKER
Dr Margo de Kooker
Chief Medical Officer, MedWave Group

The resulting rise in non-communicable diseases poses a unique challenge, and an opportunity to seek innovative strategies for enhancing metabolic health. This presentation explores ways to use light as medicine.

WHAT WE'LL COVER

- 01 The role of photobiomodulation in metabolic support
- 02 Potential applications in diabetes management
- 03 PBM as an adjunct in metabolic syndrome and obesity
- 04 Environmental factors, circadian habits and lighting
- 05 Ancient and modern uses of light in metabolic health
- Followed by live Q&A with Dr Margo.

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